



## *HCAHPS Care Transitions Rapid Improvement Project*

*May 4th, 2018*



# *Rapid Improvement Project Participants*

- Cape Fear Valley – Bladen County Hospital
- Charles A. Cannon, Jr. Memorial Hospital
- J. Arthur Doshier Memorial Hospital
- Murphy Medical Center
- Swain Community Hospital
- Vidant Bertie Hospital
- Vidant Chowan Hospital

# *Project Schedule*

## **4 Sessions and 1 Workshop:**

- ✓ • February 13<sup>th</sup> – Webinar 1: Defining the Project Scope
- ✓ • March 7<sup>th</sup> – Webinar 2: Analyzing the Current State
- ✓ • March 23<sup>rd</sup> – In-Person Workshop: Process Mapping, Issue Prioritization, and Root Cause Analysis
- ✓ • April 17<sup>th</sup> – Webinar 3: Right Side of the A3
- **May 4<sup>th</sup> – Webinar 4: A3 Tools Review and Sharing**

# *Today's Agenda*

- Welcome and Introductions
- Hospital Updates
- Tools Review
- Preparation for May 17<sup>th</sup> Meeting
- Wrap Up/Next Steps



# *Hospital Updates*



No really.....how's it going?

# *A3 Problem Solving*

## What is our goal? **Scoping & Prioritization**

- Project
- Process
- A3 – Issue Statement



# Project Scoping

## Step 1: Project Scope

## Step 2: Process Scope

### PROJECT SCOPE

<b>Project Aim:</b> (What are we trying to accomplish?)
<b>Project Goal:</b> (SMART goal)

<b>Project Constraints:</b> (What are the boundaries for this project?)
Budget:
Schedule:
Quality:
Other: (Policies, Regulations, Senior Management requirements)

<b>Evaluation Measure</b> (use standardized data, easily obtainable if possible - examples include PQRS, NQF, CMS, IQR and or UDS measures)					
Measure Identifier/Number	Description	Data Source	Target Performance	Current Performance	Current Performance Date

<b>Project Team</b>			
Name	Title/Department	Role	Responsibilities

### Process Prioritization

Potential Processes	Priority ranking (low, medium, high)	Estimated Completion Date	Notes

### Process Scope

1. Process to be analyzed: Basic Overview/Title:	
2. Why is this process being chosen to analyze? What brought up the desire to map the process?	
3. Improvement SMART goal/target for chosen process: (Specific, Measurable, Action oriented, Realistic and Time based)	
4. Scope of process to be analyzed (clearly define start point and end point):	
5. EHR/Documentation system, module and / or applications involved:	
6. Items/equipment/devices involved in process:	
7. Physical locations involved in process:	
8. Staff/people involved in process:	
9. How will the process be mapped (value stream map, flowchart, etc.) using what method (direct observation, video recording, etc.)?	
10. Who will own the map once completed?	
11. Planned start date/target end date (of mapping exercise)	

<b>Process Improvement Project Team</b>			
Name	Title/Department	Role	Responsibilities

# *Project Aim/Goal*

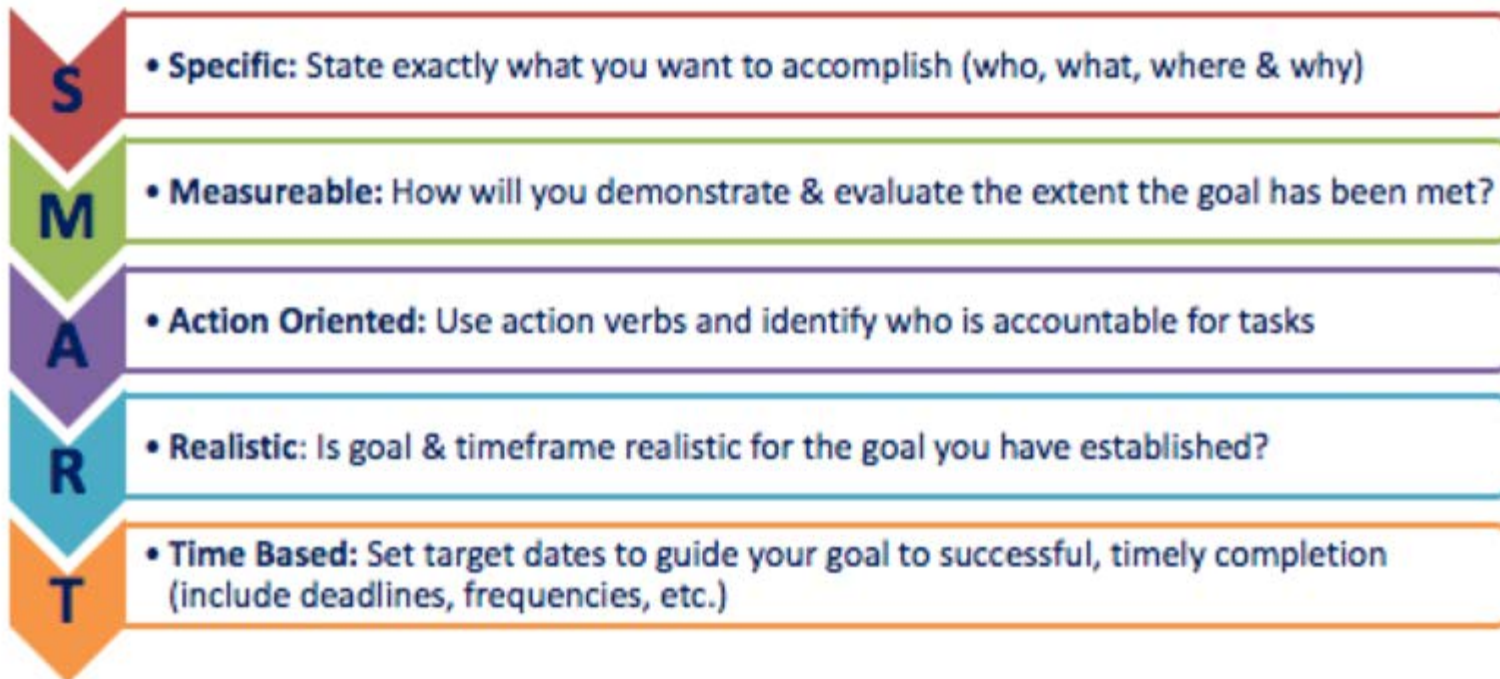
**Project Aim:** (What are we trying to accomplish?)

**Project Goal:** (SMART goal)

## **Project Aim:**

- Overall purpose/intention of project
- Broad statement of desired outcomes
- “Paints a picture” of project

## **Project SMART Goal:**



# *A3 Problem Solving*

## **What is our goal?** Scoping & Prioritization

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## **How is the work happening now?** Current State

- Current State Mapping
- Observation
- Data Collection
- A3 – Background Data & Current Condition



# *LEAN Rules of Engagement*

## Concepts

- IDEAL
- Four Rules in Use
- Seven "Mudas"
- Power of Observation



## Tools

- Value Stream Mapping
- A3 Problem Solving





# *A3 Problem Solving*

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## **What is not working?** Issues

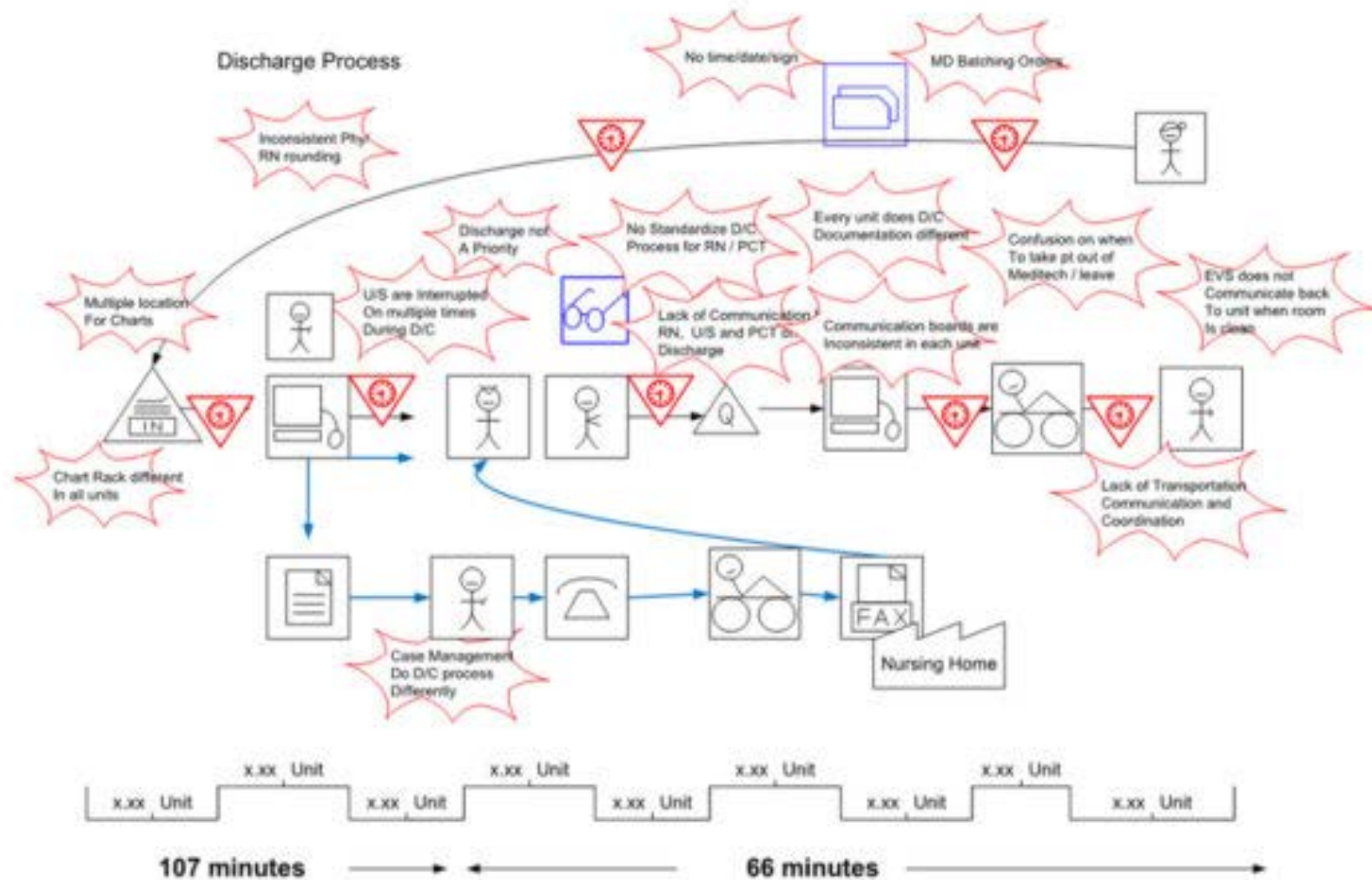
- Storm Clouds

## **Why is it not working?** Root Cause Analysis

- A-3 Problem Analysis



# Current State: Issue Identification



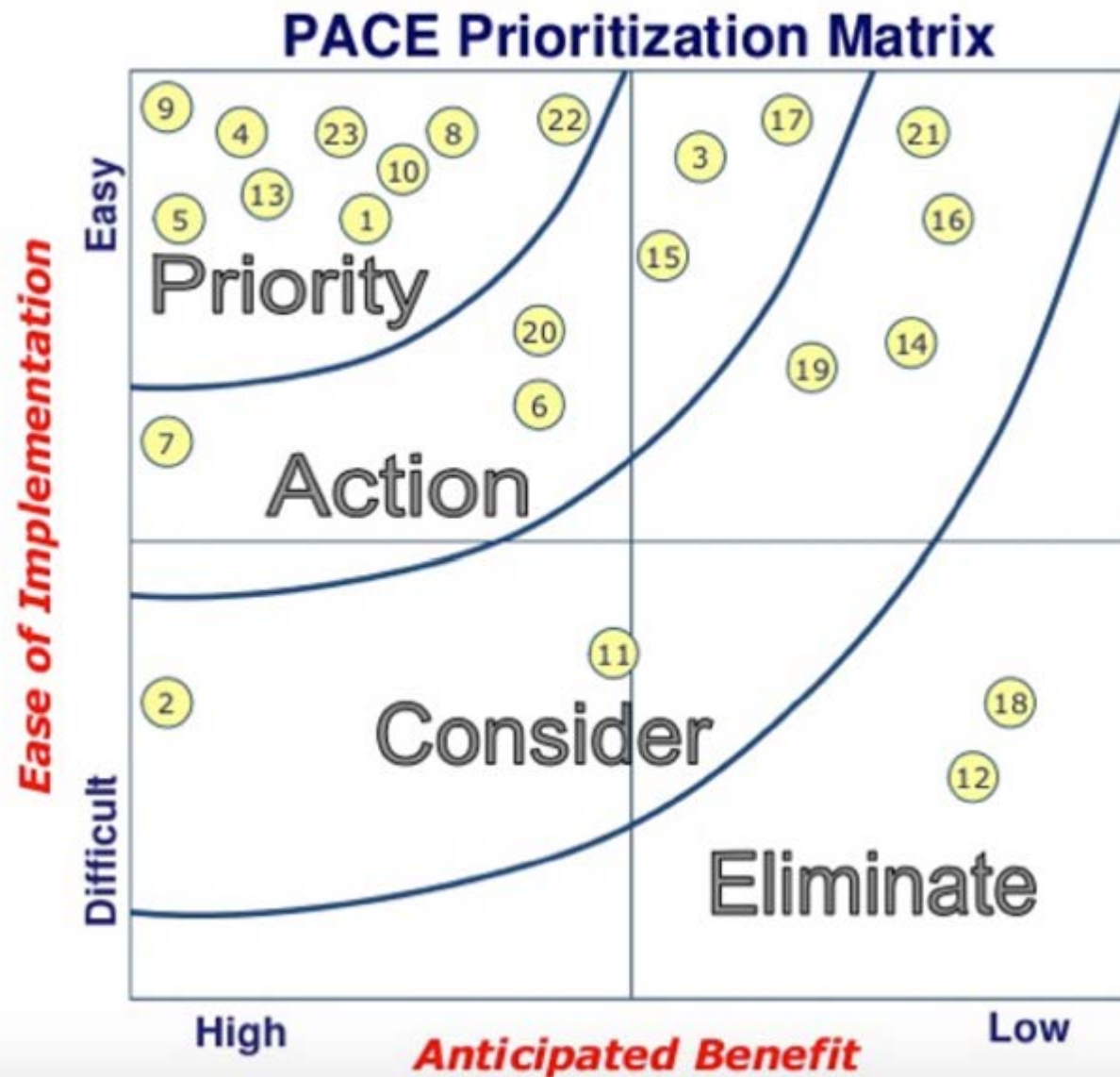
# *Current State: Problem Analysis Tools*

## 5 Whys:

- Iterative, interrogative technique used to determine the root cause of a problem
- Asking iterative “whys” seeks to dig deeper and deeper into the problem
- Ask 5 Whys of a specific problem:
  - Must be scoped small
  - One branch of the fishbone
- Must be asked of those very familiar with the process or work (Rules of Use #4)



# Issue Prioritization



# *A3 Problem Solving*

## **What is our goal? Scoping & Prioritization**

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## **How is the work happening now? Current State**

- Current State Mapping
- Observation
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- A3 – Background Data & Current Condition

## **What is not working? Issues**

- Storm Clouds

## **Why is it not working? Root Cause Analysis**

- A-3 Problem Analysis

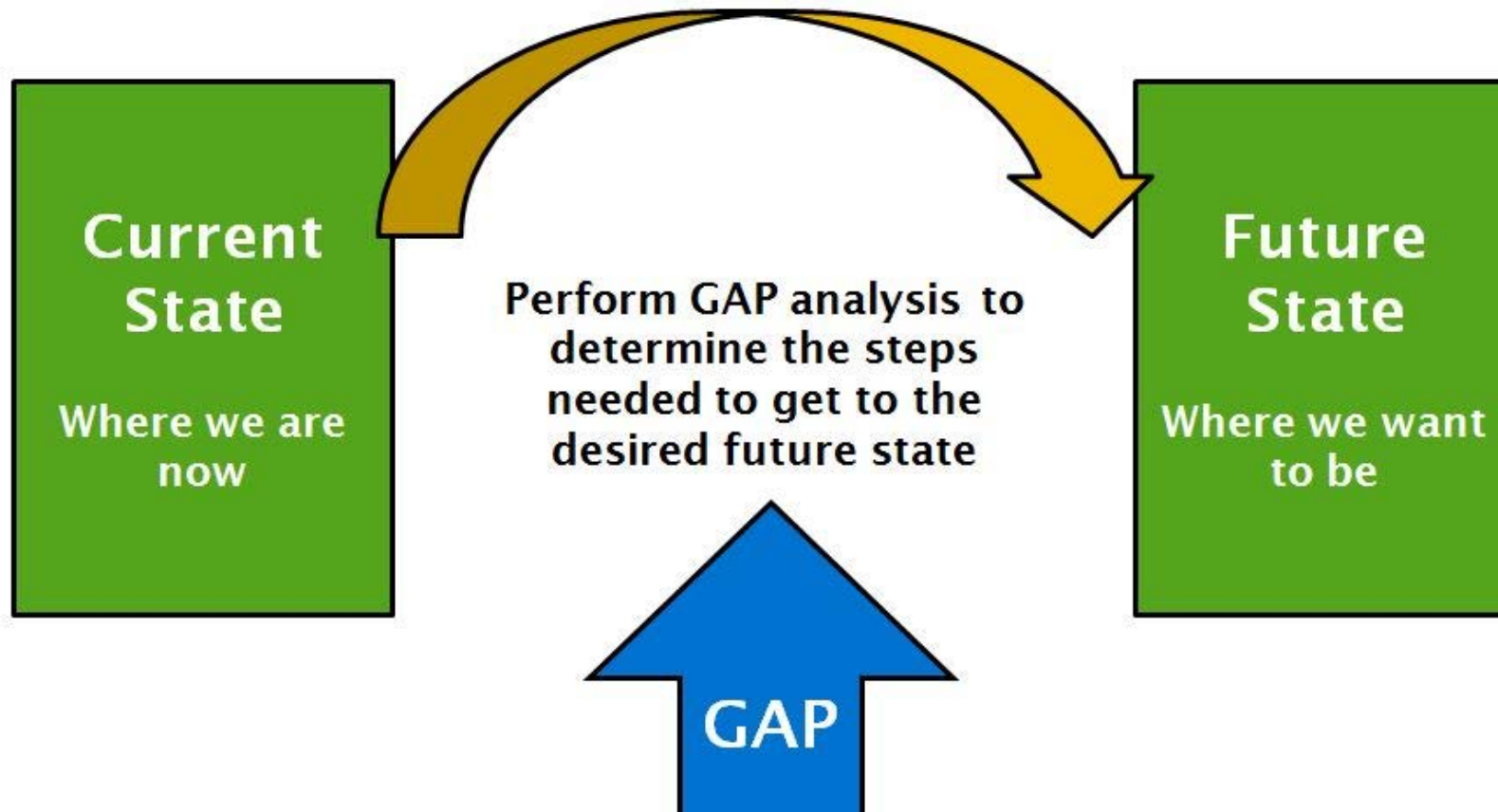
## **How do we fix it? Countermeasures & Implementation Plan**

## **Did we reach our goal? Test and Follow-up**



# Target Condition

## Gap Analysis



# Countermeasures

- Addresses the root cause while moving closer to an ideal state
  - One proposed countermeasure per root cause
- Specify what will be changed to get from current condition to target condition
- Hypotheses: if we do “A”, then we get “B”
  - PDSA testing



# *Implementation Plan*

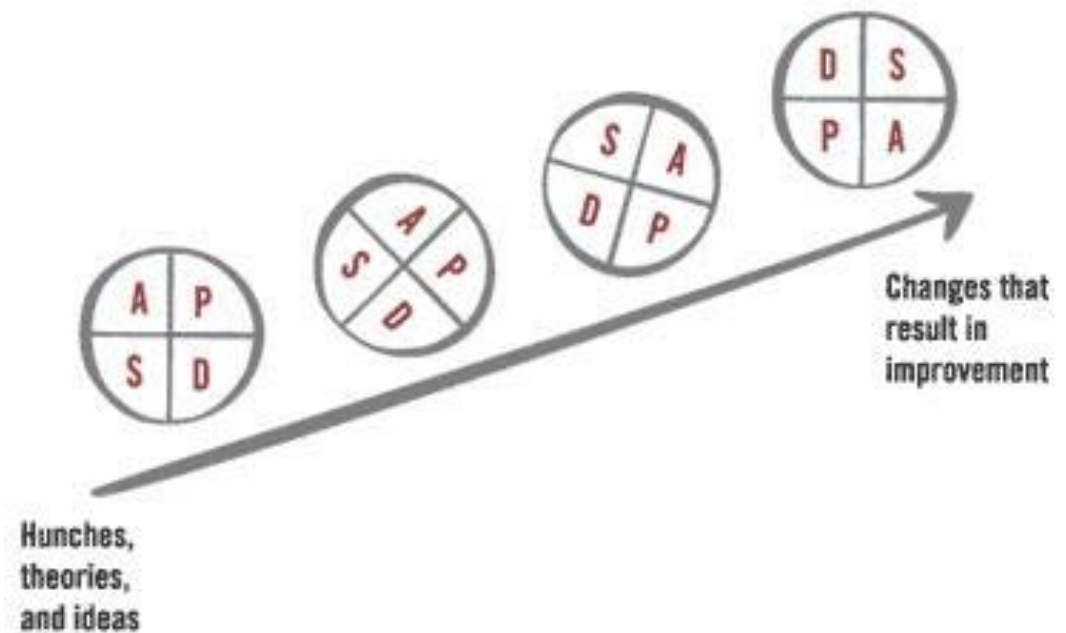
- Outline steps that must be accomplished to realize the target condition
- Specify content, sequence, timing, location and outcome of each step
- Pilot Test – real time trial with front line employees to validate the new process and gain their feedback



# *Small Tests of Change*

Try out proposed better way to work with a safe, experimental attitude and environment:

- Defined test timeline
- Minimal risk
- Ability to tweak the system before implementation



# *Follow-Up*

- Assigned to one or more individuals
- Specific dates for re-evaluation
- Follow-up report becomes new current condition
- If it's not perfect, that's OK – initiate another A3!



# The A3 Report

## Background

- Background of the problem
- Context required for full understanding
- Importance of the problem

## Target Condition

- Diagram of proposed new process
- Countermeasures noted as fluffy clouds
- Measureable targets (quantity, time)

## Current Condition

- Diagram of current situation (or process)
- Highlight problem(s) with storm bursts
- What about the system is not IDEAL
- Extent of the problem(s), i.e., measures

## Implementation Plan

<i>What?</i>	<i>Who?</i>	<i>When?</i>	<i>Where?</i>
Actions to be taken	Responsible person	Times, Dates	
Cost:			

## Root Cause Analysis

- List problem(s)
- Most likely direct (or root) cause:  
Why? Why?  
Why? Why?  
Why? Why?

## Follow-Up

<i>Plan</i>	<i>Actual Results</i>
<ul style="list-style-type: none"><li>• How will you check the effects?</li><li>• When will you check them?</li></ul>	<ul style="list-style-type: none"><li>• In red ink/pencil</li><li>• Date check done</li><li>• Results, compare to predicted</li></ul>

**HERE COMES THE BIG REVEAL...**



**ARE YOU READY?!**

makeameme.org

# *May 17<sup>th</sup> CAH Quarterly Meeting*

**WHAT:** CAH Quality Collaborative Quarterly Meeting

**WHEN:** Thursday, May 17<sup>th</sup> from 10:00 – 4:00

**WHERE:** The Hawthorne Inn & Conference Center,  
Winston-Salem

**WHY:** Share the great work your teams have been  
doing to improve HCAHPS Care Transitions

**HOW:** 10-15 minute informal presentations



# *Presentation Template*

## **Project Overview** **Hospital Name**

Project Team Members (name, title)

HCAHPS Measure Selected to Improve: #7 Care Transitions

Process Analyzed:

Issue:

Implementation Results and Desired Outcomes (Actual/Projected):

Next Steps:

# *Presentation Template*

**Current State**

*Insert Current State Process Map*

# *Presentation Template*

**A3**

*Insert A3*

# Presentation Example

## Project Team Members (name, title):

1. Peggy Kopp RN, Quality
2. Pam McGlothlin RN, DON
3. Peggy Bunnell RN, ACO Case Manager
4. Karen Arnold-Truax MSW, Social Services/Discharge Planner
5. Roland Achenjang DPh, Director of Pharmacy

## Project Overview Sidney Health Center

## HCAHPS Measure selected to improve:

During this hospital stay staff took my preferences and those of my family or caregiver into account in deciding what my health care needs would be when I left.

**Process Analyzed:** Discharge planning education, introduction of Red Folder contents to patient

**Issue:** Patient not aware of discharge planning resources in the Red Folder

## Implementation Results and Desired Outcomes (Actual/Projected):

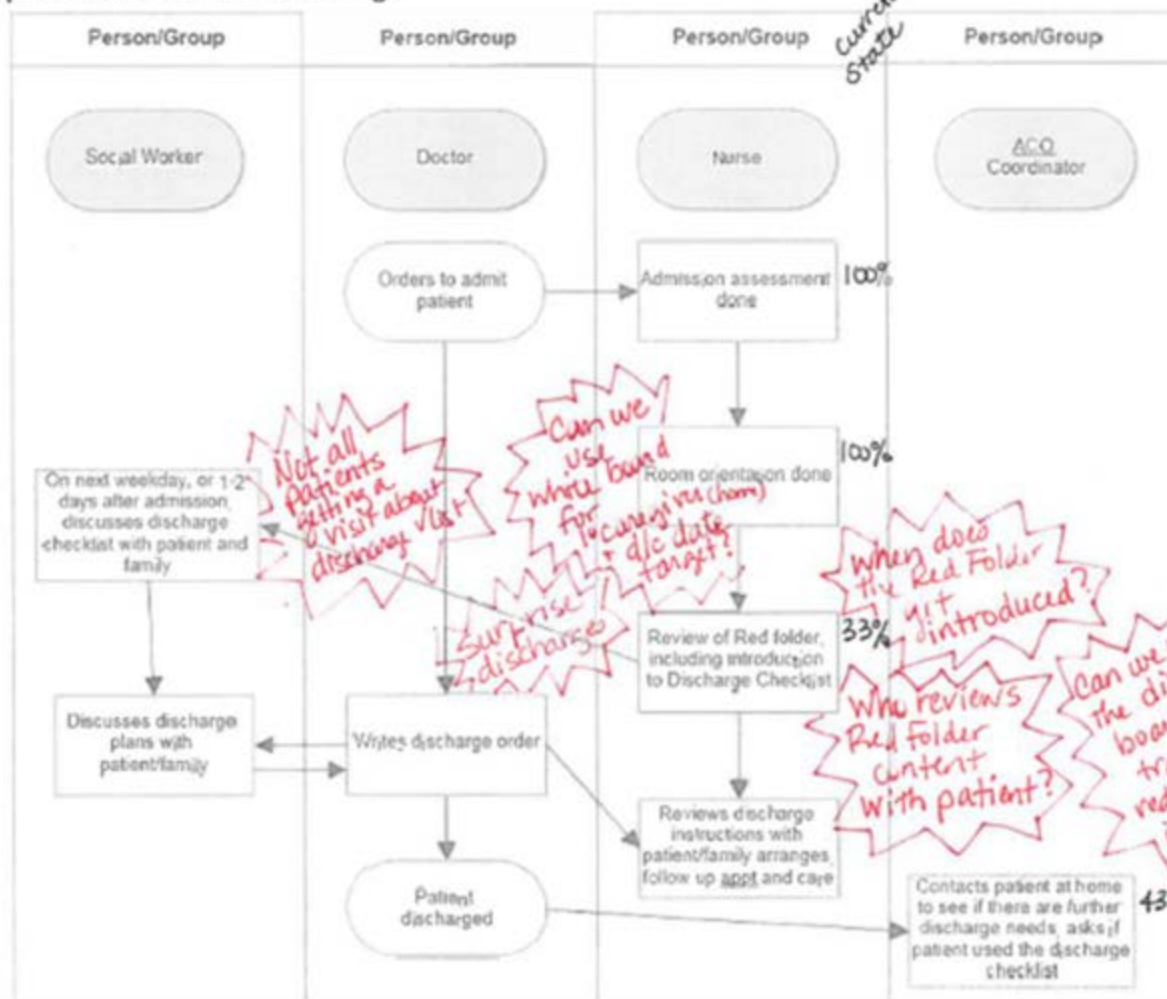
1. Increase awareness of Red Folder contents (including discharge planning checklist) among staff
2. Increase patient awareness of discharge planning checklist to 48% on post d/c phone call (43%)
3. Reduce unplanned readmissions to 5% (4% - 1.5%)
4. Increase HCAHPS for Measure #23 top box to 44% (Jun 30% - Jul 20%)

**Next Steps:** Look for root causes of miscommunication in the discharge planning process

# Presentation Example

## Current State

Swim Lane Chart: Process for making certain that patients and caregivers preferences are taken into account in deciding what the patient needs will be at discharge



# Presentation Example

A3

**ISSUE** Patient/family not aware of discharge planning resources in the Red folder.

**BACKGROUND/MEASUREMENT** Top box HEATHS #23 = 44%, 48% of patients recognize the Red folder on their discharge phone call.

**CURRENT CONDITION**



1. No realistic idea of care needs @ home
2. Risk of readmission
3. May not have everything they need to be successful at home.

☐ validated

**TARGET CONDITION**



**TITLE**



TO  
BY  
DATE 7/13/16

100% of patients have reviewed the discharge checklist within 24 hours of admission

☒ validated

**COUNTERMEASURES**

Standardized process for d/c planning education: add Red folder review to d/c white board, educate staff on contents of packet, encourage staff to introduce tools/Red folder

**IMPLEMENTATION PLAN**

what	who	when	outcomes
1. Add Red folder review to white board	Social workers	7/19	Red dot to designate patient get into
2. Educate staff on Red folder contents	Don	7/19	Staff meeting
3. Encourage all staff to introduce Red folder	Don	7/19	Staff meeting
4. Staff initial back of folder after it's introduced	Don	7/19	Staff meeting
5. Nurse leader rounding topic of Red folder and d/c checklist		7/1	

**PROBLEM ANALYSIS**

Patient may not have realistic idea of care needs at home

Why? Patient not involved in discharge plan

Why? Patient not aware of need for a discharge plan + what they'll need @ home

Why? Patient not educated to know about all discharge needs

Why? No standardized process for discharge planning education.

Patient is at risk for readmission

Why? Patient did not follow discharge plan

Why? Patient did not identify barriers to care plan before discharge

Why? Patient did not recognize that they had barriers

Why? Patient not educated to know about all discharge needs

Patient doesn't have everything needed at home to care for themselves safely

Why? Patient wasn't aware of all they would need for self care at home

Why? Patient wasn't educated on all discharge needs

Why? No standard process for discharge planning education.

**COST OF IMPLEMENTATION**

low - used meetings already in place for education  
used tools already in place

**COST BENEFIT**

Increased satisfaction  
Reduced readmissions  
Increased patient safety

**TEST**

Red/Burg patient aware of Red folder

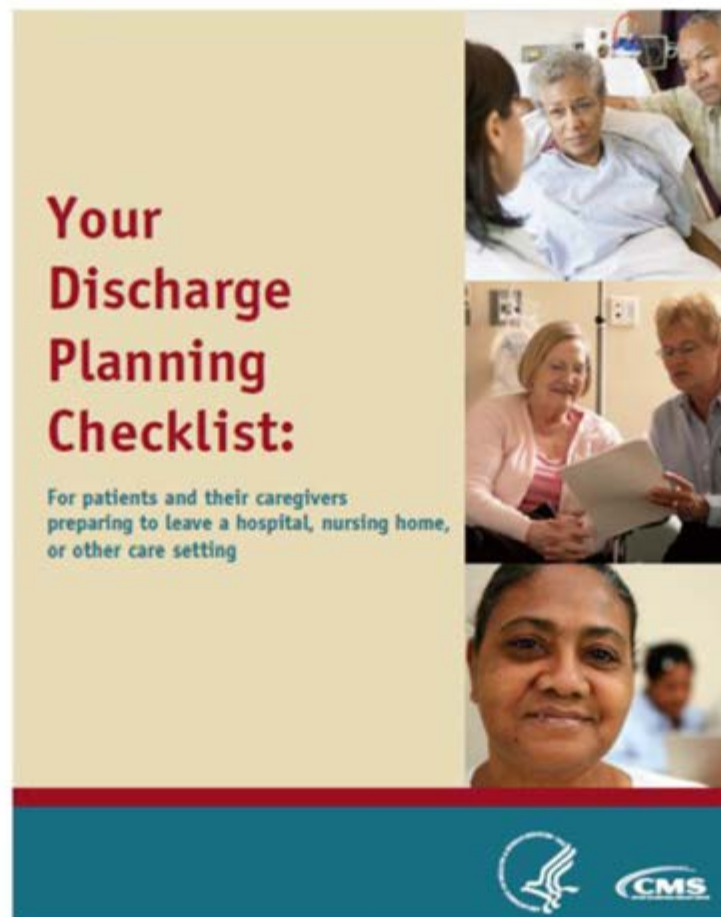
Nursing leader rounds will talk about Red folder

**FOLLOW UP**

what	who	when	Improvement Complete
Review Red folder with patient on rounds	Nursing leader	Aug 2016	yes no

# *Presentation Example*

Tool



<https://www.medicare.gov/Pubs/pdf/11376.pdf>

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