



HCAHPS Care Transitions Rapid Improvement Project February 13, 2018



Rapid Improvement Project Participants

- Cape Fear Valley Bladen County Hospital
- Charles A. Cannon, Jr. Memorial Hospital
- J. Arthur Dosher Memorial Hospital
- LifeBrite Community Hospital of Stokes
- Murphy Medical Center
- Pender Memorial Hospital
- Swain Community Hospital
- Vidant Bertie Hospital

Project Schedule

4 Sessions and 1 Workshop:

- February 13th Webinar 1: Defining the Project Scope
- March 7th Webinar 2: Analyzing the Current State
- March 23rd In-Person Workshop: Process Mapping, Issue Prioritization, and Root Cause Analysis
- April 17th Webinar 3: Right Side of the A3
- May 4th Webinar 4: A3 Tools Review and Sharing

Today's Agenda

- Introductions
- Virtual Technology Overview
- Project Overview and Expectations
- Process Improvement Methodology Overview
- Project Scoping
- Observation

Participant Expectations

- Attend every session
- Complete homework
- Participate in in-person workshop
- Implement solutions and share successes
- Have fun!

Virtual Netiquette



https://www.youtube.com/watch?v=z_tiqlB Fjbk

Virtual Netiquette

- Mute is your friend
 - o use when not talking
 - do not place on hold use mute to step away
- Pace yourself
 - ask <pause> listen
- Chat it up
 - o questions, brainstorms, etc.



Introductions

- Name, role(s), facility
- How does the HCAHPS Care
 Transitions measure relate to your facility's mission and goals?
 - Mission statement
 - Strategic plan
 - Community Health Needs Assessment (CHNA)
 Implementation Plan



Rapid Improvement Project Tool Box

Utilize similar language and format to increase collaboration and improve outcomes

Project Scoping

A3 Problem Solving



Current State
Process
Mapping

Process Improvement Methodologies

Six Sigma

Define

Measure

Analyze

Improve

Control

Lean

Identify Value

Understand Value Stream

Eliminate Waste

Establish Flow

Enable Pull

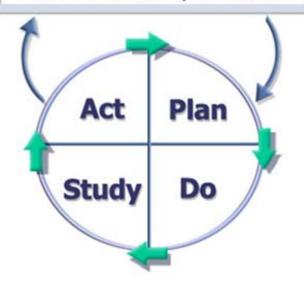
Pursue Perfection

Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?



Process Improvement Similarities

- Disciplined methodologies with specific languages and tools
- Rely on measures (data)
- Focused on continuous improvement of outcomes
- Long history of success in the field

Survey Says...

As of Q1 2017, the HCAHPS Care Transitions measure scored 51% in North Carolina and 52% in the US.

HCAHPS Survey Composite Measure 7

Understanding your care when you left the hospital

Q23: During this hospital stay, staff took preferences and those of my family or caregiver into account in deciding what my health care needs would be when I left

Q24: When I left the hospital, I had a good understanding of the things I was responsible for in managing my health

Q25: When I left the hospital, I clearly understood the purpose for taking each of my medications.

Rapid Improvement Project

Goal: Improve HCAHPS score on Care Transitions

Project Objectives:

- Provide opportunity for collaboration with peers to make measurable improvement in a targeted measure
- Transition from "data to doing" by providing educational support, tools and networking opportunities to facilitate a rapid-cycle improvement project

Project Scope – What is it?

Part of project planning process that involves determining and documenting a list of specific project goals, deliverables, tasks, costs and deadlines



Project Scope – Why use it?

Most important part of project

- Clearly defined expectations and goals
- Defined timeline
- Identifies resources and costs
- Prevents scope creep



Project Scoping - Step by Step

Step 1: Project Scope

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Project Aim: (What are we trying to accomplish?)	
Project Goal: (SMART goal)	
Project Constraints: (What are the boundaries for this project?)	
Budget:	
Schedule:	
Quality:	
Other: (Policies, Regulations, Senior Management requirements)	

	Evaluation Measure (use standardized data, easily obtainable if possible - examples include PQRS, NQF, CMS, IQR and or UDS measures)						
1	Measure Identifier/Number	Description		Target Performance	Current Performance	Current Performance Date	
ı							

Project Team						
Name	Title/Department Role		Responsibilities			

Process Prioritization

Potential Processes	Priority ranking (low, medium, high)	Estimated Completion Date	Notes

Step 2: Process Scope

Process Scope

1. Process to be analyzed: Basic Overview/Title: 2. Why is this process being chosen to analyze? What brought up the desire to map the process? 3. Improvement SMART goal/target for chosen process: (Specific, Measurable, Action oriented, Realistic and Time based) 4. Scope of process to be analyzed (clearly define start point and end point): 5. EHR/Docum and / or app 6. Items/equip process:

Step 3:

Repeat

5	EHR/Documentation system, module			l				
	and / or applications involved:	Process Improvement Project Team						
_		Name	Title/Department	Role	Responsibilities			
6.	Items/equipment/devices involved in process:							
		_						
7.	Physical locations involved in process:							
		_ [
8.	Staff/people involved in process:							
9.	How will the process be mapped (value	-						
	stream map, flowchart, etc.) using what method (direct observation, video							
	recording, etc.)?							
10	. Who will own the map once	-						
	completed?							
11	. Planned start date/target end date (of mapping exercise)							

PROJECT SCOPE

Project Aim: (What are we trying to accomplish?)
Project Goal: (SMART goal)
Project Constraints: (What are the boundaries for this project?)
Budget:
Schedule:
Quality:
Other: (Policies, Regulations, Senior Management requirements)
Evaluation Measure (use standardized data, easily obtainable if possible - examples include PORS_NOF

Measure Identifier/Number	 Data Source	 Current Performance	Current Performance Date

Project Team					
Name	Title/Department	Role	Responsibilities		

Process Prioritization

Potential Processes	Priority ranking (low, medium, high)	Estimated Completion Date	Notes

Step 1: Project Scope

Select a Measure 7 Question to Improve

- **Q23:** During this hospital stay, staff took my preferences and those of my family or care giver into account in deciding what my health care needs would be when I left.
- **Q24:** When I left the hospital, I had a good understanding of the things I was responsible for in managing my health.
- **Q25**: When I left the hospital, I clearly understood the purpose for taking each of my medications.

Question Selection Criteria

- Lowest score
- Low hanging fruit
- Constraints
- Facility goals and current projects

Project Aim/Goal

Project Aim: (What are we trying to accomplish?)

Project Goal: (SMART goal)

Project Aim:

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- Overall purpose/intention of project
- Broad statement of desired outcomes
- "Paints a picture" of project

Project SMART Goal:

Specific: State exactly what you want to accomplish (who, what, where & why)

Measureable: How will you demonstrate & evaluate the extent the goal has been met?

Action Oriented: Use action verbs and identify who is accountable for tasks

Realistic: Is goal & timeframe realistic for the goal you have established?

 Time Based: Set target dates to guide your goal to successful, timely completion (include deadlines, frequencies, etc.)

Project Constraints

Project Constraints: (What are the boundaries for this project?)

Budget:

Schedule:

Quality:

Other: (Policies, Regulations, Senior Management requirements)

Project Boundaries/Constraints

- Resources (materials, staffing, etc.)
- Regulatory
- Monuments & Elephants
 - Don't move mountains
 - Be open about elephants
- Maintain Balance
 - Time, Cost & Quality



Evaluation Measure - Data

Evaluation Measure (use standardized data, easily obtainable if possible - examples include PQRS, NQF, CMS, IQR and or UDS measures)

Measure Identifier/Number	Description	Data Source	Target Performance	Current Performance	Current Performance Date

Data Types

- Quality Examples:
 - MBQIP, PQRS, NQF, CMS, etc.
- Site Specific Examples:
 - Financial, Billing, EMR...
 - Public Health, Community Health Needs Assessments
 - Project specific data collection, time studies, observations

Evaluation Measure – Measure 7

Evaluation Measure (use standardized data, easily obtainable if possible - examples include PQRS, NQF, CMS, IQR and or UDS measures)

Measure Identifier/Number	Description	Data Source	Target Performance	Current Performance	Current Performance Date
Care Transition #7/Q25	When leaving hospital, Patient clearly understands purpose for taking each medication	HCAHPS	75%	38.7%	Q4 2015

Prioritize based on:

- Low hanging fruit
- Biggest impact
- Monument-free

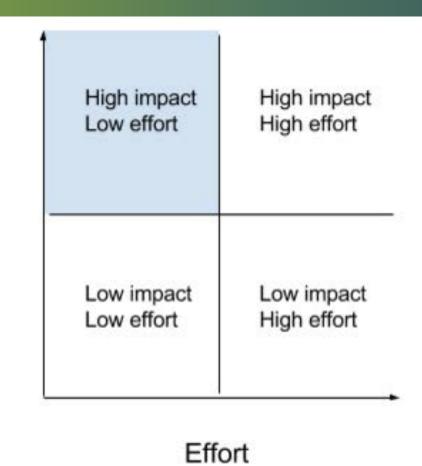
23. Staff took my preferences and those of my family/caregiver into account in deciding what my health care needs would be when I left.	TOP BOX	45.2%	91.2%
	% Strongly Agree		
	% Agree		
24. When I left the hospital, I had a good understanding of the things I was	TOP BOX	52.4%	93.7%
responsible for in managing my health.	% Strongly Agree		55.367
· ·	% Agree		
25. When I left the hospital, I clearly understood the purpose for taking each	TOP BOX	38.7%	78.2%
of my medications.	% No Meds		14.4%
	% Strongly Agree		
	% Agree		
Category Composite	TOP BOX	45.4%	87.7%
	% Strongly Agree	3007.0	1
	% Agree		

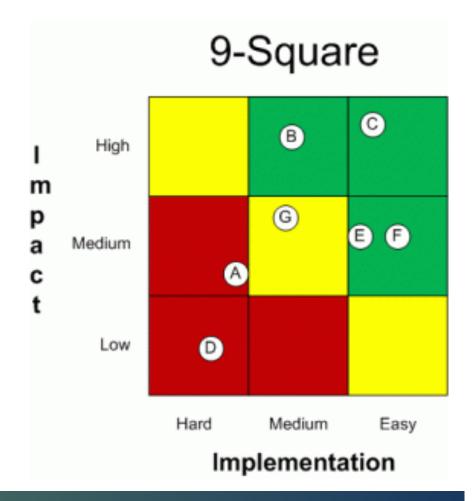
Process Prioritization

Potential Processes	Priority ranking (low, medium, high)	Estimated Completion Date	Notes
Medication Review Process	High	9/24/16	Manager Joan on vacation until 7/6/16 – unable to begin until returns (small monument) Larger process – from admission to discharge
Medication Ordering Process	Low	8/16/16	Held rapid cycle improvement project Q1 2016; will evaluate again after test period
Patient Medication Education at Discharge Process	High	8/5/16	Very low score, minimal cost/time to improve
Med Pass Process	Medium	9/4/16	Reviewing Med Errors, time study needed for further evaluation

- 1. Brainstorm ALL related processes
- 2. Walk processes to gain deeper understanding
- 3. Identify and table monuments
- 4. Look for low hanging fruit, up-stream processes, minimal resources required, etc.
- 5. Select first process to improve

Process Prioritization Methods





Impact

Step 2: Process Scoping

Process Scope

Process to be analyzed: Basic Overview/Title:	Patient Medication Education at Discharge Process
Why is this process being chosen to analyze? What brought up the desire to map the process?	Low HCAHPS Measure 7/Q25 score (38.7); when process observed – determined process not clearly defined, staff not educated on process. Patients interviewed expressed confusion between education and understanding paperwork sent home at discharge
Improvement SMART goal/target for chosen process: (Specific, Measurable, Action oriented, Realistic and Time based)	To improve patient understanding of taking medication at discharge as Measure 7/Q25 score to 75% or greater in Q4 2016 through lean rapid cycle project and patient panel review to be implemented by 8.9.16.
Scope of process to be analyzed (clearly define start point and end point):	Request for patient medication education at discharge triggered by discharge orders in EMR to care coordinator follow-up with patient one week following discharge.
5. EHR/Documentation system, module	Epic; Patient Discharge Forms XYZ; etc.

Scope selected process in same manner as project

More detailed and focused as only one part of project

Step 2: Process Scoping

5.	EHR/Documentation system, module and / or applications involved:	Epic; Patient Discharge Forms XYZ; etc.
6.	Items/equipment/devices involved in process:	Laptop; Patient Pill Organizer Box; Videoetc.
7.	Physical locations involved in process:	Inpatient Rooms Floor 2, Wing 1
8.	Staff/people involved in process:	Joe E. Pharmacy; Ellen Q. Nursing; Gail S. Social Services; Rob T. IT; Julie K., Liz F., Bill R – Care Coordinators; Rita W. Long Term Care; etc.
9.	How will the process be mapped (value stream map, flowchart, etc.) using what method (direct observation, video recording, etc.)?	Value Stream Map

The devil is in the details...

- Identify ALL the following (if info missing, could indicate possible issue in process and great place to start):
 - Who does process involve? EVERYONE
 - What is used (is needed) in process? all materials, forms, electronics, etc.
 - O Where does process occur?

Step 2: Process Scoping

10. Who will own the map once completed?	Quality Department – will be available on H: Drive for all staff
11. Planned start date/target end date (of mapping exercise)	6.22.16 / 7.1.16

Process Improvement Project Team				
Title/Department	Role	Responsibilities		
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	Title/Department	Title/Department Role	Title/Department Role Responsibilities	

To ensure success – Be accountable

- Where location project documents will be archived for future use
- When clearly state time line
- Who Identify and invite Process Improvement Project Team
 - May or may not be the same as Project Team Leads depends on who the specific process work touches

Homework

Prior to next session, please complete the following tasks and email related documents to:

dhunter@ncha.org

- Project Scope Document (submit via email)
- Process Scope Document (submit via email)
- Every team leader walk selected process
 - Identified during Process Prioritization
- Identify and invite team members to project

Project Schedule



February 13th – Webinar 1: Defining the Project Scope

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