NC Department of Health and Human Services
Office of Rural Health

2019-2020
FLEX Program Updates

Nick Galvez
Rural Hospital Program Manager

August 2019
NC Office of Rural Health update

Office of Rural Health
Service Points and Coverage Map
SFY 2018

Legend
- Service Points Receiving ORH Support
  - State Designated Rural Health Center (17 Sites Covering 36 Counties)
  - Medication Assistance Program Grantee (187 Sites Covering 98 Counties)
  - Community Health Grantee (141 Sites Covering 97 Counties)
  - Non-Worker Health Grantee (13 Sites Covering 63 Counties)
- Critical Access Hospital (57 Sites Covering 36 Counties)
- Small Rural Hospital (12 Sites Covering 11 Counties)
- Telespsychiatry Site (94 Sites Covering 41 Counties)

ORH serves all 100 counties
Numbers made of symbols indicate number of sites, grantees or placements based on symbol

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
Office of Rural Health
NC ORH Staff

- ORH Rural Hospital Team (3)
- ORH Recruitment and Placement (4)
- Rural Health operations manager
- Telehealth HIT specialist (EMS)
- Ben Money, Deputy Director for NC ORH
- Mark Benton, Deputy Director NC DPH
FLEX program updates

• 2018-2019 Flex Program structure
  • Finance/Operations, Quality, Population Health
  • Regional CAH meetings (Dosher May 2019)
  • Individual CAH engagements (4)

Other ORH Focus areas
  • Obstetrics/maternal care
  • Community/regional collaboration
  • Community paramedicine (2)
  • Rural Health Center support
  • ORH collaboration with DPH/DMH
  • ORH collaborate with MAHEC/AHEC
FLEX program updates

• 2019-2020 Flex Program structure
  • Finance/Operations (Stroudwater), Quality (NCHA)
  • (2) statewide meetings
  • (3) Regional CAH meetings
  • (3-4) Individual CAH engagements
  • POPULATION HEALTH FLEX strategy (Stroudwater/NCHA)

Other Focus areas
• Obstetrics care
• Community/Regional collaboration
• Community paramedicine
• EMS role within the county
• Rural Health Centers
• System Level Engagement
FLEX program updates

2024 Flex Program Long Term Goals
• MBQIP 100% compliant (focus areas)
• CAH statewide meetings 20/20
• RHC growth/development
• Improve operating margins
• Increase outpatient services

• Community engagement
• Regional/system collaboration with safety net providers
• Global budgeting models (Medicaid/CMS)
HRSA FLEX conference

- EMS pre-meeting
- CHNAs for Population Health
- Substance Abuse/Mental Health (AZ)
- Value Based models (global budgeting)
- AHA Rural Report
- CMS Rural Strategy
HRSA Funding Opportunities

• Vulnerable Rural Hospital Assistance
  • October application

• Small Rural Hospital Improvement (SHIP) $10K
  • Innovative/network projects
  • NCHA/Dean Higgins submit by Sept 2

• Small Rural Hospital Transitions (SRHT)
  • Poverty county FORHP (Quality/Operations)
  • Sept letter of intent due date
  • Nov/Dec project
  • ORH can assist with project follow up
NC ORH Funding Opportunities

• Community Health Grants ($150K for 3 years)
  • November RFA/Jan 2020 RFA due
  • Primary care/medical home

• Kate B Reynolds ($50K)
  • Capital/infrastructure
  • Generators/AC repair (not FEMA covered)
  • Decrease time for safety net providers

• Hurricane Florence Disaster relief funds ($125K)
  • June 2019 (ORH/NCHA)
Other Funding opportunities

• HRSA RMOMs (MAHEC)
• NC Rural Obstetric Models of care (TDE)
• NC/SC Rural Health Models of Care (TDE)
• Graham county Community Paramedicine (TDE)
• Appalachian Regional Health System (TDE)
• Appalachian Regional Commission
• Dogwood Trust (community foundations)
• Open New site certification due early 2020
  • MUST have 6 months of data serving HPSA
• Open Recertification - October 1st due!
  • MUST have 6 months of data
• 3 TA workshops with Maya Sanders at ORH
• Tentatively (Fayetteville, Greenville, Asheville)
  (Sliding fee scale policies (cannot asset test)

Maya Sanders at NC ORH
919-527-6476
maya.sanders@dhhs.nc.gov
Upcoming NRHA meetings

• Rural Health Conference Sept 17-18 Kansas City, MO
• Critical Access Hospital Sept 18-20 Kansas City, MO
• World Rural Health Oct 12-15 Albuquerque, NM
• Rural Health Policy Feb 11-13 Washington, DC
• Health Equity and Rural Medical Education May 18 San Diego, CA
• Rural Health Conference and Hospital Summit May 18-22 San Diego, CA

• NC CAH conference February 2020 (TBD)
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